



NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 5 NO. 8

NEWARK, NEW JERSEY

OCTOBER, 1987

NCC Employment Center Is Making A Real Difference In Newark Job Scene

One little facsimile (fax) machine has made one big difference in our ability to provide quick service to job seekers and employers in the local area. The fax has increased efficiency and helped us to cope with growing requests for no-fee employment-related services.

Demand for services was so high last year, people looking for work had to wait two weeks for an appointment! Besides that, our three-and-a-half counselors spent much of their

day trying to juggle all the calls for help from employers needing qualified and dependable people for their companies, and job seekers who wanted to fill those positions.

Anxious to meet these needs, we asked individuals and other charitable givers for contributions that would allow us to intensify and improve our employment counseling and placement program during 1987. After much support, we've been able to make many progressive changes

this year.

The opening of a second office in March was one change that in turn generated many new modifications in the way we work. (We'll talk about that later.) The office is located at 210 South Orange Avenue in the heart of Newark's Central Ward. This office is more strongly linked to the people most in need of no-fee employment services. More poverty, unemployment, lack of preparation, and despair exist in the Central Ward than in any other part of the city. So, we were anxious to open an office there.

The community response has been high. Many people see the sign in front of the building and stop in hoping to find work immediately. Most are disappointed to find out an appointment (which you can get now within two or three days) is still needed. People become encouraged, however, when we tell them we find jobs for two-thirds of the people we see. Anyway, on a typical morning, this office is filled with people looking for work. People in the Central Ward want to work.

The opening of a second office did, however, pose some administrative challenges. In fact, it revolutionized our patterns of communication. Communication is crucial in this business. The most critical information we share concerns employer requests for help — we call these "job orders."

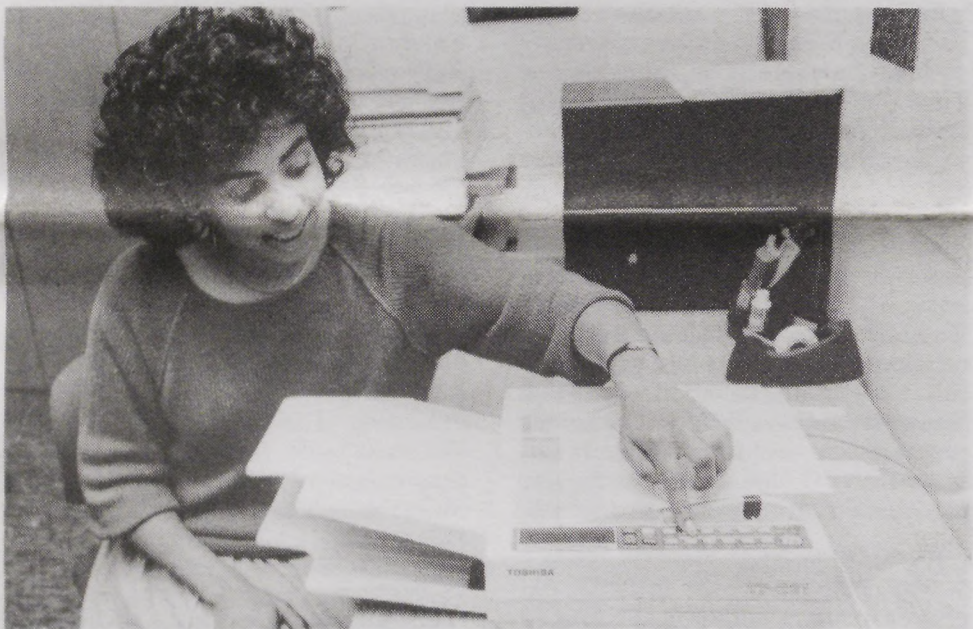
When there was one office, as employers called in their job orders, counselors would meet in the hallway and discuss ways to meet all these demands. We'd brainstorm on which applicants might be best for the job — and talk about recent changes among employers. It was all very cozy and, effective. Two locations changed much of this.

While meeting in the hallway didn't work as well any longer, we still needed to share all of this information. We decided that as soon as an employer called one office, the counselor receiving the job order would call the other office to alert it of the job opening. This meant lots of time was being spent on the phone with calls that weren't directly related to getting a person a job.

More difficulties resulted when we found that counselors couldn't always call the other office immediately. "I found that job orders would pile up on my desk before I could let the counselors on Hill Street know about them. Applicants were waiting for service, employers were calling in, and communication between staff was suffering," said co-founder John Bins.

To solve the challenges posed by the solution, we installed a fax machine in each office. Now, when an employer calls either office, a copy of the detailed description of their re-

Continued on page 3



Leslie Benton prepares to transmit a job order to the Hill Street office, where Selena Webb will receive it within seconds.

Recreation Center Long Delayed

Recreational services in Newark and other urban areas have declined due to diminishing government resources, economic discrimination and the lack of adequate public transportation. A well-rounded community must provide for the recreational needs of its residents. New Community Corporation, in recognition of this problem, presented a proposal to the City of Newark in 1984 to build a 13,000 square foot neighborhood recreation center on Hayes Street, next to the Springfield branch of the Newark Public Library.

The center will contain a large gymnasium/multi-purpose auditorium with a full-size basketball court and a large stage. Also included will be men's and women's locker rooms, a photography dark room and a large, commercial kitchen. The dark room will be used as a focal point for photography classes and a photography club. Other programs will include such athletic activities as

basketball, volleyball and gymnastics. The stage will enable the children to produce and perform in musical and theatrical events. A leadership program, debating club and a tutorial program for after school educational activities will also be stressed.

The center will be open 7 days per week. By locating the recreation center next to the existing library, New Community Corporation feels that the two facilities will complement each other by providing a balance of physical and intellectual leisure time activities.

The recent demolition of the Scudder Homes and its on site recreation program has only exacerbated and highlighted this critical community need. We need the City's help to make our proposal a reality. Please write the Mayor and City Council to let them know your views on this topic. We can't afford to wait another 3 years to get moving!

Morning Of Reflection Held

Reverend Joseph P. Fitzpatrick, S.J. conducted a morning of reflection for thirty of NCC Network's supervisory staff on September 22, 1987.

Through passages from Scripture followed by directed reflection sessions, Father Fitzpatrick touched on the mystery of self and the feeling of security of God being with us. He also emphasized the importance of work, especially that of Babyland/NCC. Father made an eloquent plea for attitudinal change regarding work by recalling a simple story —

A passerby noted three stonecutters working on the same project. He asked all three the same question — "What are you doing?"

The first man blurted out, "Can't you see, I'm cutting stone."

The second man answered, "I'm making a living for my family."

The third man quietly replied, "I'm building a cathedral."

At the end of the morning, in answer to a question regarding the need for serenity in our hectic lives, Father Fitzpatrick recommended the daily reading of Psalm 139.

SHOPPING CENTER UPDATE

The Shopping Center is now scheduled for a vote on Wednesday, October 14, 1987 by the Newark Board of Adjustment at 7 p.m. in the City Hall Council Chambers.

This is **YOUR** Shopping Center. Let your Mayor and Council know **NOW** how much you want and **NEED** this.

Landmark Affirmative Action Document Signed Between NAACP And Sports Complex

The New Jersey Sports and Exposition Authority recently reaffirmed their commitment to affirmative action by signing what they called a "landmark document" regarding their goals.

The ceremony took place on September 18th at the Authority's monthly meeting, where Dr. Benjamin L. Hooks, National Director of the NAACP and Irene Hill-Smith, NAACP's Jersey State Conference President represented that group while Authority Chairman Jon F. Hanson and Robert E. Mulcahy III, president and chief executive officer acted for the Sports Authority as they endorsed a twelve page Statement of Philosophy on Equal Employment Opportunity and Affirmative Action.

Although the NAACP has enacted such agreements with other organizations this is the first between its group and the sports and entertainment industry.

Chairman Hanson pointed out that affirmative action is not a new policy with the Authority, but has been ongoing, with race or sex never being "a barrier to any individual's right to achieve success. And the Authority has also recognized that we have a responsibility not only to offer equal opportunity, but to foster it."

The Authority hopes to continue the expansion of opportunities for minorities. Its program to accomplish Equal Opportunity objectives include the areas of: purchasing; banking; construction and renovation; advertising and marketing; public relations — corporate communications; professional services and management and employment opportunities.

To strengthen its development program for personnel a position will be established within that department to focus principally on the establishment of career training, planning, development and counseling programs for employees. A resident outreach plan will also be designed to improve local employment opportunities.

An especially firm attempt will be made, according to the agreement, to improve minority representation "above grade level 14," or management level, over the next 5 years, reaching a minimum minority representation of 12% by that time. This 12% goal would also exceed the

State's minority manpower utilization level in the civilian labor force for the executive, administrative and managerial job category.

The affirmative action program for State institutions has been strongly promoted by Gov. Thomas Kean.

It is our hope that other State institutions in the area such as the University of Medicine and Dentistry will follow the Authority's lead and cast a new look at their affirmative action goals and implementation of these goals.

We will be anxious to see what happens.

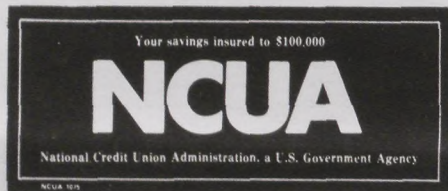
County Of Essex Continues Investment

New Community Federal Credit Union is pleased to announce the rollover of a prior investment by the County of Essex in the amount of \$100,000.00. The investment, originally activated September 9, 1986, indicates a continued effort by the County to stimulate community development in the City of Newark. The announcement of the rollover was made on September 11, 1987 by Nicholas Amato, Essex County's newly elected County Executive.

Perhaps others will follow their fine example.



County Executive Nicholas Amato and NCFCU manager Lonzy C. McCarey, Jr. formalize the rollover.



Contributions To New Community Corporation

If you would like to make a memorial gift or donation to New Community it would be most welcome.

People who would like to give to New Community but don't wish to give up the earning power at the present time can assign a contribution now, but defer payment until sometime in the future.

If you would like more information, please contact the Development Office at (201)623-2800 ext. 206.

Leadership N.J. Seminar Held



Leadership New Jersey is a year-long program sponsored by The Partnership for New Jersey. Participants are selected on a basis of ability, community interest and potential for responsible leadership, and are committed to a series of nine seminars during the year.

The group above, shown in the executive conference room of St. Joseph Plaza's Priory Restaurant, are attending a seminar on the New Community Network organization given by Msgr. William Linder, Pastor of St. Rose of Lima in Newark.

Where Have All The Sisters Come From?

In days gone by, Catholic Sisters had much higher visibility than they do today, especially in some circles. Time was when Sisters seemed to fill Catholic schools, hospitals and convents. Now, "where have all the Sisters gone?" is a frequent and plaintive cry.

In NCC, however, a more appropriate question would be "where have all the Sisters come from?" Eighteen sisters from nine different religious communities are part of the full time staff. In addition, seven Sisters from three different religious congregations volunteered their services to NCC this past summer for anywhere from a few days to a month.

Working at NCC attracts today's Sisters because of its positive approach to the problems of the poor in Newark and its determination to enhance their quality of life.

In keeping with recent church teaching, the goals of almost every congregation of women religious include proclaiming the Reign of God and responding to the needs of the times, with special concern for the poor, the oppressed and the marginalized.

In 1986, the U.S. Bishops stated that "the time has come for a New American Experience — to implement economic rights, to broaden the sharing of economic power, and to make economic decisions more accountable to the common good." NCC seeks to bring that American Dream to reality, and so do Sisters today.

One dream for Summer '87 was to provide a good education and recreation program for our children. To that end, Sister Peggy Scarano, a Dominican Sister of Sparkhill, N.Y. spent several days away from her usual involvement as Development Director for the Dominican Sisters of the Sick Poor and college teacher, to help train the faculty of our Summer Program.

People trying to dream up ideas for

St. Rose of Lima Parish's Centennial Celebration were happy to see Sr. Barbara Boyle, S.S.J. This English teacher and yearbook advisor at Hallahan High School in Philadelphia spent a month doing research on the history of "our" parish. Later in the summer, Sr. Mary Kennedy, S.S.J., newly arrived at Queen of Peace Parish in North Arlington, N.J., spent a few days developing graphic and artistic designs for the 100th Anniversary.

Sr. Mary Fishetti, S.S.J., was dreaming of the ideal library when she went to St. Rose of Lima School this summer to revamp theirs. Sr. Mary, who has an M.S. in Library Science, spends the normal school year at St. Jerome Parish in Philadelphia.

Sisters Dolores Burkhardt, S.S.J. and Kati Hamm, S.D.H., were attracted to the Social Services aspect of New Community. Sr. Dolores, who is moving from elementary education to social ministry in Philadelphia spent her time in the Senior Buildings, visiting with the residents and collecting information for tenant profile sheets.

Sr. Kati, who in her other life is the Director of Religious Education at St. Catherine Parish in Cedar Grove, N.J. kept busy enrolling seniors in the Food Subsidy and Vial of Life Programs. During the school year, Sr. Kati spends part of her weekly day off volunteering her services at St. Rose School in the Scholarship Enrichment Program.

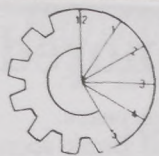
We have a beautiful new poster size flyer full of information and pictures about NCC, thanks to the efforts of Sr. Susan Dunn, O.P., Communications Director for the Dominican Sisters of Sparkhill, N.Y. The new flyer was one of Sr. Susan's summer projects.

New Community is grateful for the presence and witness of these women among us and most appreciative of their spirit of generous service.

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

PUBLISHER: New Community Corporation
EDITOR: Patricia A. Foley
PHOTOGRAPHER: Eva Obermeyer
Send to: The Clarion
c/o New Community Corporation
233 W. Market Street
Newark, New Jersey 07103
(201) 623-2800
Circulation: 12,000



116 Placements In October

Making A Difference

Continued from page 1

quirements (our job order), is transmitted almost instantly to the other location.

At the 210 South Orange Avenue location, Leslie Benton is sending a job order to the 15 Hill Street office, where it will be received by Selena Webb. Within 30 seconds, all of our (now seven full-time) counselors will know where the jobs are. To the job seeker hoping to find work quickly, it means a world of difference.

New Counselor

Constance Clay joined our staff of employment counselors in June with the goal of "making a difference in peoples' lives."

"I like this job," said Constance, "because working here will help me to do what I want to do the rest of my life — that is get involved with people and help them make positive and progressive changes."

"I find that many job seekers are not adventurous in their search for employment. Some people are unwilling to travel outside the city to areas

of intense employment growth. I like to show people the many possibilities that exist."

Constance works with our General Employment Project and sees her role as "helping to foster creativity and self-confidence in each individual." Many people Constance works with have been out of the labor force for long periods of time, such as women returning to work after raising their families. She helps people see just how many different things they're capable of doing, and then goes about finding an employer who needs those skills or qualities.

The positions Constance has held in the past demonstrate her caring and sensitive personality. Before coming to work at New Community Corporation Employment Center, she was a Psychiatric Aide with a hospital, where she observed the behavior of young children and adolescents. She has worked with geriatric patients at a nursing home and with foster children in a group home.

Constance's many volunteer activities include counseling ex-offenders and helping women on welfare reverse their patterns of dependency.



Constance Clay

Constance Clay is a motivating force for job seekers who have been rejected too many times by society's institutions. She said she gets the strength to motivate others because she appreciates all the people that have influenced her and helped to push her life forward.

"One person that has made a big difference in my life is (co-founder)

Mary Bins. When we first met, Mary tuned right into me and helped to put me on the right track. She perceived my desire to help others in need of a friendly hand and wanted to give me a chance to do just that. If other employers could see beyond mere qualifications to potential, like Mary, I feel the world would be a better place. She's very special," said Constance.

Constance's inspiring and persevering approach to her work have won her the adoration of applicants and the admiration of her co-workers. We're glad to have made a difference in her life and pleased she can now do so for so many others.

Statement Of Purpose

New Community Corporation Employment Center is a non-profit, no-fee employment service for the people and employers of the metropolitan area. If you'd like to reduce your advertising and interviewing time, let us know of your job openings. If you need help finding a job — or a better job — just call for an appointment. Employers and job seekers may reach us on (201) 643-3828.

L. Michelle Odom

Sun Shines On Newark Festival Of People

Despite the clouds that hung over the Newark sky, September 12th remained a festive day for Newark People. Entertainment and food representing the various ethnic groups of Newark citizens lined the streets of Public Service Plaza.

Meanwhile, community group vendors and commercial entities advertised the various services by means of literature hand-outs, balloons, pot holders, and many other assorted items.

The Newark Police Department presented an excellent display on drug prevention including a constant audio-visual program for parents and children. The officers were exceptional in their presentation, distributing hand-outs and sharing time with Newark residents. They represented the law enforcement

agency from a most positive perspective.

Blood pressure screening was done by New Community Medical Day Care. Job information came from the NCC Employment office, tips on health and exercise from the NCC New Beginnings Spa and Wellness Center and of course hand-outs on the fabulous Priory Restaurant, Sandwich Shop and Entertainment at the Plaza were available.

Festival of People describes such an event perfectly. It was a pleasure to work in such a joyful atmosphere while representing our various agencies.

Next year, rain or shine, New Community will again share in Newark's Festival. Come join us then. You'll find a Treasure Chest of Wealth in Newark's People!

Georgia Ransome



NCC's Georgia Ransome hands out "Change of Pace" fliers to fairgoers.

(Upper Right) Tae Kwon Do aficionados watch with fascination as a master's sword splits an apple on his partner's chest.

A CHANGE OF PACE



ST. JOSEPH PLAZA
THE SANDWICH SHOP
233 W. Market Street
Newark, N.J.



Relax in the quaint atmosphere of the Atrium in St. Joseph's Plaza. Enjoy a delicious buffet including chilled wine, beer and many of your other favorite drinks.

For your listening pleasure piano selections by Curtis Watkins accompanied by Emily Ross, vocalist.

FRIDAY NIGHT SPECIAL

From 4:30 P.M. until 11 P.M.

SCRUMPTIOUS BUFFET

Cash Bar

REFLECTIONS OF A BATTERED WOMAN

The Sword Of Silence

I reach for you, but you walk away
 I search for words, there is nothing to
 say
 Only silence as you leave
 There is nothing in that silence for
 me.
 You sing songs in a tongue I don't
 know
 You won't share your language with
 me
 If you love me why do you hurt me so
 Why can't our love just be?
 So your bags are packed
 The walls are bare
 I'm screaming inside, but there is
 empty air.
 How can you do this, how can you not
 know

How will I survive after you go?
 You couldn't fight, silence is your
 cage
 Forgive me for not knowing how to
 heal your silent rage.
 I stand here shattered, still you close
 the book
 Not even turning around for a final
 look.
 I can't hate them for what we've
 become
 Nor can I step into the land you are
 from.
 My heart pounds, in my head a rag-
 ing voice
 I'm left here wondering
 Did we ever have a choice?

Linda McCann

October Highlights Feeding The Hungry

Although most of us think of food at least three times a day, some important events in October draw our attention to it in a special way.

To prepare for World Food Day, which will be celebrated on Friday, October 16, we have been asked to observe Thursday, October 15 as World Hunger Day, a time of fast and prayer for those less fortunate than ourselves.

Fittingly, these days fall at the beginning of Peace With Justice Week, October 16 to 24. Justice is not done when people's rights are denied, ignored, or abbreviated. All people have a right to food. One way to work for justice, especially in October, is to feed the hungry.

NCC Feeds The Hungry

People at NCC work to feed the hungry all year.

The Congregate Lunch Program at NC Associates draws a crowd 5 days a week. In the planning stages are Congregate Nutrition Programs in NC Manor Seniors, Gardens and Commons.

Our less mobile residents are fortunate to be able to take advantage of a wonderful **Meals on Wheels Program**.

Each week when Monday rolls around, some generous tenants travel to the **New Jersey Food Bank**, pick up food items offered by this wonderful resource, and distribute them at various NCC sites.

When there is too much month at the end of the money, which has a way of happening regularly, **Brown Bag** workers go into high gear. This program is very helpful to many NCC residents and operates in several locations.

The **SHARE Program** has been

designated to distribute N.J. surplus food commodities, for those eligible. Cheese, butter, flour, corn meals, honey, powdered milk and rice will be distributed according to the following schedule (which takes in September through May):

9/10/87	Gardens Seniors
10/8	NC Associates
11/12	Commons Seniors
12/10	Douglas Homes and Roseville
1/7/88	Manor Seniors
2/11	NC Homes Families
3/10	Commons Families and Gardens Families
4/7	Manor Families
5/12	Douglass Harrison

New Regulation

If you are interested in receiving these commodities, be sure to register with one of the Social Services workers. **This is a new regulation, and food will not be given to those who are not pre-registered.**

Astute readers will have noticed that all the food distribution dates are second Thursdays. On September 9 the first food distribution took place at NC Gardens Seniors. The drivers designated to pick up the surplus food were really impressed by the organization and efficiency of the folks at SHARE. This made the distribution a breeze and a pleasure — unusual for a "first."

Along with distributing surplus food, the SHARE Program runs a wonderful food cooperative. For \$12.50 and two hours of service every week, participants receive a supply of food valued at \$30-\$35.00.

For more information about any of these food programs, please call Social Services at 623-6114.

Run, don't walk, to the Social Ser-

Brown Bag Chairpersons Honored

"What started out as a pilot program has really blossomed!" The Brown Bag program coordinated by Mary Cowley of the Community Food Bank of New Jersey, Inc. has distributed close to 100 tons of foods to senior citizens on fixed incomes. It is with the help of volunteers at each site that this monumental task is performed.

For New Community residents, the Brown Bag items are distributed the last Monday of each month. Each site has a chairperson who supervises the bagging, which is done by additional volunteer help, and collects the club membership dues from each participant. The efforts of all are to be commended. It is through this teamwork that the Brown Bag Club has run suc-

cessfully for almost two years.

The Community Food Bank sponsored a "Site Chairperson Appreciation Luncheon" on September 24th to thank each one personally and to get their input into the planning of the future direction for the program.

Here's thanks to the site Chairpersons at New Community:

N.C. Gardens - Ms. Mary Bell; N.C. Commons - Mrs. Maraion Simpson; N.C. Associates - Mrs. Ellen Watson; N.C. Douglas - Mrs. Grace Chambers; N.C. Roseville - Mrs. Rosalie Trodgin; N.C. Manor - Mrs. Wylene Thomas; N.C. Families - Mrs. Bertha Brown and Mrs. Delores Collier

Their work shows a sharing of unified efforts to make something work for the good of all.



A generous heart is the common denominator of these wonderful Brown Bag volunteers.

vices worker in your building or complex, or the Social Services Office at 220 Bruce Street to pre-register for surplus food distribution.

Mark your calendars now, and

begin making plans to observe

World Hunger Day 10/15

World Food Day 10/16

Peace with Justice Week 10/16-24.

Sister Mary Ellen Bennett

The Priory Restaurant



Fine Dining In An Old World Atmosphere

★★★★

We are now open every Saturday Evening for Dinner
 Seating — 6:00 p.m. - 10:00 p.m.

Featuring Southern American and Continental Cuisine

★★★★

Cocktail Bar Open Daily

★★★★

On Weekdays

American Continental Cuisine

Lunch — 11:30 a.m. to 3:00 p.m. Monday through Friday

Dinner — 5:00 p.m. to 10:00 p.m. Monday through Friday

Reservations required for 6 or more

★★★★

Popular Sunday Brunch

9:30 a.m. to 3:30 p.m.

NO RESERVATIONS REQUIRED

ST. JOSEPH PLAZA

233 WEST MARKET STREET, NEWARK, NEW JERSEY

201/242-8012

Attended Free Parking On Site

THE CHEF'S CORNER

Summer is over and that also means the end of outdoor cooking and back to the good old stove. But that should not have to mean long and difficult hours in the kitchen. Here is one easily prepared dish that is served at the Priory.

Scallops and Bacon En Brochette
 Take 5 large sea scallops, each wrapped in a slice of bacon, and put on wooden skewer. Bake until golden brown and presto!!!...a main dish in five minutes.



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Babyland III Caregivers At Early Childhood Conference

On Saturday, September 26, 1987, the Caregivers of the three year old and four year old groups attended the conference on "Nurturing Our Children's Growth" which was sponsored by The Child Advocacy Coalition of Hunterdon County and Raritan Valley Community College.

Throughout the Conference our Babyland III staff were involved in the following workshops:

A. To What End Acceleration?

Dr. Sigel, Ph.D., elaborated on the costs in self-esteem and well-being of pressuring young children. He stated that *teachers and parents* should be colleagues. The child's learning should be a positive experience with no stress.

B. Building Children's Problem-Solving and Decision-Making Skills

This workshop involved an eight step decision-making strategy for parents and children.

C. Quality not Quantity in Preschool Programs

D. Cognition and Emotional Development of Children — Ages 3-8

Caregivers were told what to look for and encourage in building foundational skills in reading and math. The building of trust, personal competence and confidence for healthy thinking and creativity was included in this session.

E. Relaxation Techniques

This Workshop focused on how to help children and adults relax and feel better. Of paramount importance is the fact that when adults are calm and provide security, young children will not pick up fears.

F. Hands-On-Math

Concrete mathematical activities that are developmentally appropriate for preschool children were demonstrated.

G. Stress Management for Parents and Teachers

Caregivers were told how to assess the amount of stress in their lives and make plans to deal with it positively.

H. What Pressure is Appropriate at Which Age

One must explore how far to push a child at different ages and stages, looking at the child both as an individual and as part of an age group.

The Supervisors from the other two centers were our special guests at this conference.

Sr. Marie Infante Gonzales
Babyland III, Center Supervisor

New Community Seniors In The Know

A representative group of 20 NCC senior residents took part in the Fifth Annual Symposium on "Programs for the Black Aging" held at the Grand Ballroom of the lovely Sheraton Tara Hotel in Parsippany, on September 9th, 1987. The symposium was a major meeting of all the counties in New Jersey so that information could be shared and new resources acquired. The three-day event was designed to touch all phases of social concerns. The first day of the conference dealt with problems or issues directly related to the black population in New Jersey, in particular, the elderly black population.

The assembly was greeted by the moderator, Ms. Naomi Newby Epps, president of the New Jersey Chapter of the National Caucus and Center on Black Aged. Ms. Epps made it clear that the purpose of the conference was to find ways to use the existing outreach network to increase the participation by black senior citizens of New Jersey in the programs and services available to all our senior citizens.

The decline in participation by older Blacks in many programs and services made available especially for the elderly, has become a serious concern at the national, state and local level.

The symposium was designed to provide senior citizen participants with substantial information and materials to increase their awareness of all social services available to them and to provide social service professionals with the tools to more effectively service and address the needs of more than 86,000 black elderly residents.

Following the Welcome Address by N.J. Department of Community Affairs Commissioner Leonard Coleman, the participants broke into issue related workshop sessions covering such topics as:

—Illness, Illiteracy and Crime Prevention for the Elderly

—Financial Improvement (Supplemental Security Income/Social Security), Employment, Transportation, and Home Energy Assistance Program (HEAP)

—Living arrangements

Mrs. Viola Walker, a New Community resident from NC Commons was very much interested in the workshop on Financial Improvement, and felt that there was a lot of pertinent information given that many were not aware of or had forgotten.

Speaking on SSI and Social Security was Ms. Edna I. Alex, M.S.W., President, N.J. Chapter, National Hispanic Council on Aging. Ms. Alex mentioned that there is a unified effort to get the state to increase the amount of SSI (which is presently

\$371.25) to the national "poverty" level plus \$1.00. Ms. Alex also stated that if you are denied SSI, "go to legal services and appeal within 60 days." It is your right; use it. Very important but little known — as soon as you receive SSI you receive Medicaid with "3 months retroactive coverage," but you must "ASK" for it. This means that any unpaid medical bills 3 months prior to your receipt of Medicaid will be covered. You must keep all bills and receipts. With SSI, one is also entitled to emergency housing and food stamps. If there is no means of income, one is eligible for public welfare while waiting to become eligible (usually 6-8 weeks), and it is retroactive from the date of first application.

Furthermore...

—Keep every letter from Social Security.

—Always get *name, date, time* when calling Social Security on any matter.

Receiving SSI is the best way to come out of the poverty level. Many because of pride or some other reason do not apply for it. It is there. Use it.

Another segment of the workshop touched on Employment for Elderly. There are 30 programs in the state where participants are paid up to 20 hours while learning. Bergen and Middlesex Counties have two very successful elderly employment programs which helped Governor Kean pass legislation Bill S1740 through Congress, dealing with "putting the elderly back to work." It was suggested other counties reach out and ask for grants to fund such operations.

Concerning transportation, Mrs. Nilon Norman, of the Monmouth County Transportation Unit, N.J. Department of Transportation, said all kinds of means to get from place to place are available, but we "must ask for it"...

—Call your Freeholders,

—Use Casino Revenue Funding

—Ministers are very influential in the communities — use them.

—"Don't let attitude be your enemy."

—"If you never try — you never know."

Mississippi State Assemblyman Aaron Henry, National Chairperson

of the Caucus and Center on Black Aged, delivered the keynote address during a special luncheon which followed the first series of workshops. Lunch was the time set aside to mingle with other centers and seniors who had come to gather and exchange information. Mrs. Viola Walker and I shared tables with a very warm group from the Joseph Connors Center in Jersey City. After brief introductions started by Ms. Josephine Jannuzzi, a lovely informative person, we found that we were sitting with Mr. Anthony Jannuzzi, Ms. Bangovinni, Mrs. Margie Santomauri and Mrs. Sue Site, all of whom were close friends that enjoy going to the Center almost daily. We discussed the conference, current events and exchanged some unique activity ideas.

The last set of workshops followed the luncheon and the topics included were:

—Health (Home Care/Alcoholism, Nursing Homes, Medicare/Medicaid, and Nutrition) and

—Access to Services (Information, Referral and Outreach)

Some key notes from the health workshop were:

—When hospitalized contact the hospital's social service department planning personnel to start accessing services. Don't wait until after you are released or it is your last day in. Work out a plan in advance.

—Each County office has "Peer Grouping" which pays for health care for persons who cannot afford to use it.

At 4:30 the first session of the three part conference came to an end, but for the participants, this should be viewed as a beginning. As the Honorable Sharpe James, Mayor of Newark so adequately stated, "No generation can choose the age or circumstances in which it is born, but through leadership it can choose to make the age in which it is born, an age of enlightenment."

Joyce Cook

**October Is
Domestic Violence
Awareness Month**

CALL FOR HELP

Is your husband or boyfriend abusing you? You are not alone — it happens a lot. There's a number you can call 24 hours a day where people are available to help you explore your feelings and plans. All calls are kept confidential.

Don't let this situation continue. **NO ONE DESERVES TO BE BEATEN!**

Call Babyland's Essex County Family Violence Project at 484-4446. In the Caldwell area, call PEACE at 226-6166.

NOW THERE IS HELP FOR YOU!

Babyland Nursery, Inc.

is pleased to announce its upcoming

Fashion Show "Autumn Extravaganza"

Sat., Nov. 7, 1987

St. Rose of Lima Auditorium, 1:00 p.m.-4 p.m.

Tickets are **\$3.00** (children 12 yrs. & younger)
\$5.00 (adults)

Beautiful autumn wear will be modeled by Babyland's children, parents and staff.

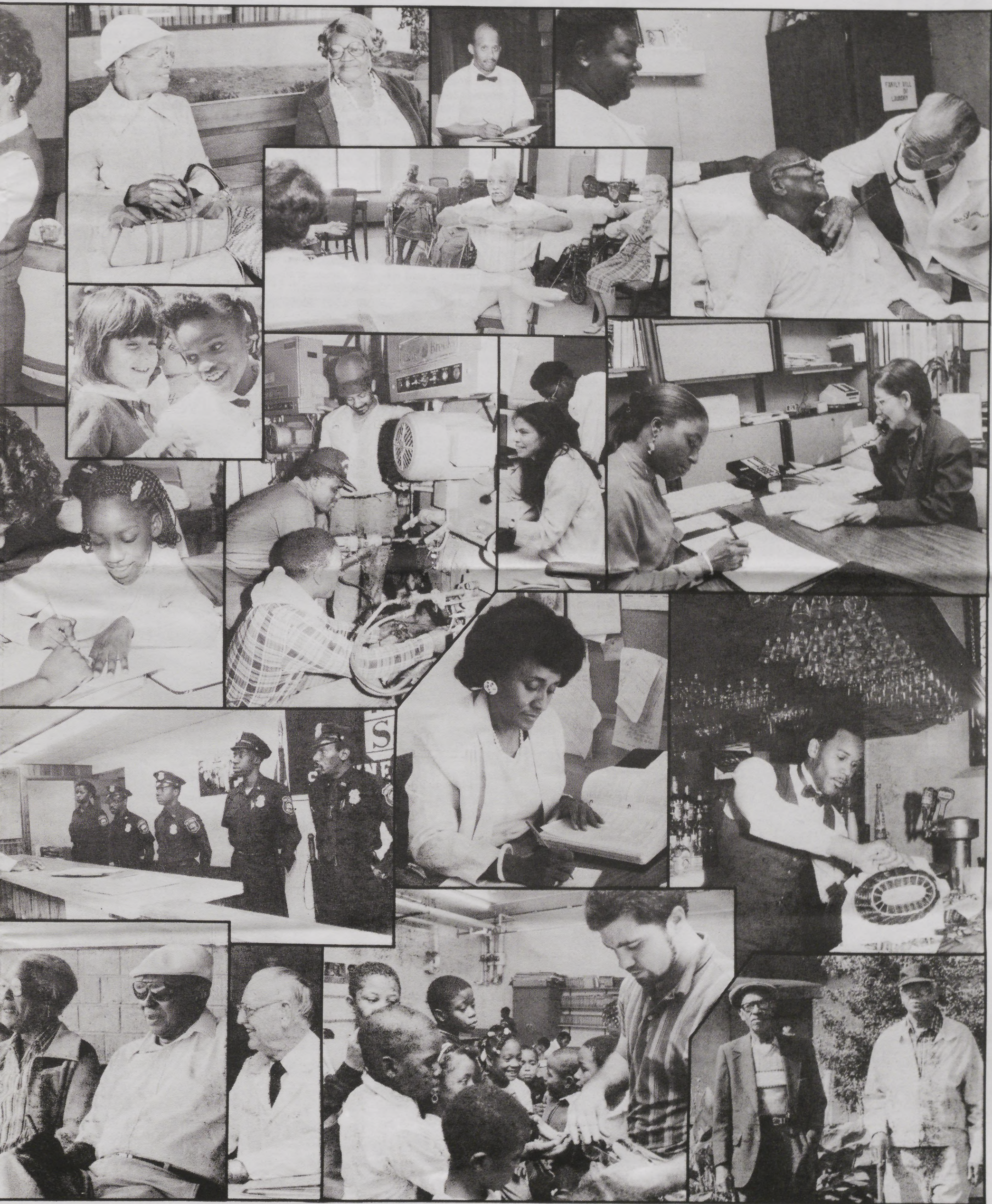
Tickets can be obtained
by calling

399-3400

A Day In The Life Of The New



New Community Network



FOOT FACTS:

Foot Perspiration Is A Fact Of Life

Office Hours at St. Joseph's Plaza
9 - 12 Mon.

9 - 12 every 2nd & 4th Sat.

No one likes to think about it, but their feet perspire. And perspiration brings on odor — not to mention the possibility of fungus infection — and even embarrassment. But foot perspiration is a fact of life, and serious foot odor, called bromidrosis, is a condition treatable by your podiatric physician.

The person whose feet sweat excessively is a candidate for developing blisters — a common problem for people who jog and for athletes. Sweating also predisposes the feet to bacterial and fungal infections of the feet. The foot, encased in a shoe or sneaker, has a warm, dark environment perfect for breeding fungus infections like athlete's foot. Children wearing canvas footwear, for example, should make sure they replace their sneakers often, air-dry them 24 hours before re-use. Avoid prolonged use on hard surfaces such as streets and sidewalks.

Perspiration — sweat, if you will — has gotten a bum wrap over the years. When the temperature creeps into the 80's or 90's, few things feel as good as the cooling effect of a breeze evaporating the perspiration on your skin. And that's why you sweat — it's your body's air conditioner, and it keeps your internal temperature in the normal range during those hot and sweaty situations. If you didn't perspire, your body temperature might keep rising, and might not stop short of death.

But even sweat may not be enough of a cooler during strenuous outdoor exercise on a hot day. How do you know if you're overdoing it? If you exercise heavily in the heat, you'll probably be seriously dehydrated by the time you get thirsty. If you're really

Dr. Kenneth
Frank
Podiatrist



dripping — if your shoes are filling with water — that's a sign that you're risking dehydration.

Most doctors advise drinking water early in exercise, and drinking it often. Even small quantities are fine — a third of a glass at a time. But, there's no sense in drinking as much as you can, because you're not a camel. The best thing to do is to replace your water losses continuously.

Are salt tablets necessary? You may notice a salty taste on your skin after perspiration evaporates. It's why people think they lose a lot of sodium through perspiration. But it is only because the water has evaporated. People do not lose that much sodium in sweat. The body has lost so much more water than salt, that the percentage of salt in the body is usually elevated.

If heavy perspiration and foot odor are a problem for you, your podiatric physician has the answer. Everyone's feet should enjoy the care of regular dusting with a good foot powder, along with the wearing of absorbent hose. Every attempt should be made to keep the feet dry during hot weather to avoid the risk of infection. But don't become frustrated or upset about sweat. It's nature's way to keep you cool. All you have to do is heed the warning signs of dehydration, and pay attention to personal hygiene.

In the meantime, stay cool and enjoy the warm weather. And for fresh feet, take down this prescription:

Deodorants and antiperspirants aren't for underarms only — you can use them on the soles of your feet!

Finally, wear socks, and sprinkle foot powder on your feet to absorb moisture.

Gracious Dining Enjoyed

Our residents are enjoying a new dining experience at New Community Extended Care Facility. The dietary department has created a homestyle atmosphere in the second floor dining room, with the introduction of tablecloths and other decora-

tions. Residents receive nutritious meals served individually by the dietary aide.

Everyone seems pleased about the changes made and residents seem to look forward more to each meal.



A fresh cup of coffee, pleasantly served, is always welcome.

Health Care Update

A chill now permeates the morning air and leaves are developing hints of color. Soon the first frost will be upon us. Last year as in years before, hearts were saddened to learn of those who died because of hypothermia; some were homeless without shelter in the street, others lived in homes...homes without heat.

Now is an excellent time to check the heat in your home. Is it working? Has the landlord had it serviced and is there fuel oil available? If not, work through tenant group and local agencies who must enforce the landlord's responsibility to provide heat.

Hypothermia is a serious condition that results when body temperatures fall to or below 95°F. Seniors who may have a variety of illnesses, take medications and who live alone, are especially at risk. Those who drink alcohol, which lowers the body temperature and may decrease the perception of being cold, further increase their risk. This may be compounded by a poor diet and sedentary living.

If your heat is not working properly, there are several things you can do for yourself or others to help prevent hypothermia. At nighttime, pull down all shades and close off all windows as much as possible. Wear a hat and socks to bed. Several layers of clothing — even light clothing — provide extra insulation. Tight fitting clothes should be avoided because they can interfere with circulation.

Eating properly is important because it provides internal energy and therefore heat. At least one hot meal a day should be eaten. Even simple exercises like walking or arm and leg lifts can help circulate blood and produce heat energy. Finally it is a good preventive measure to keep in touch with family or friends on a regular basis.

Practice prevention by planning now for the colder days which will soon confront us. Exercise your rights for a warm environment this winter.

Stay healthy and keep warm!

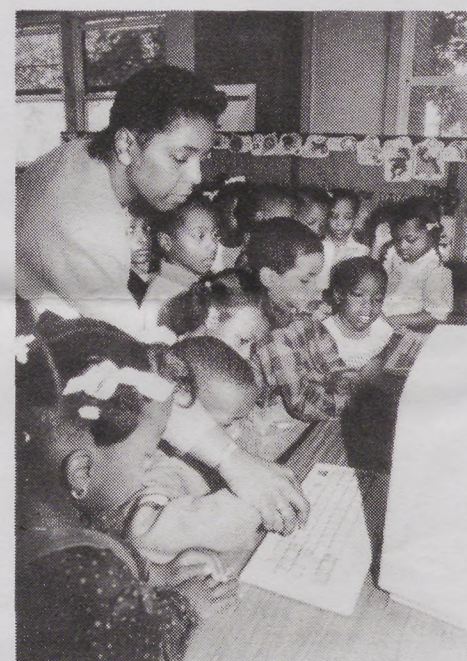
Connie Ford, R.N., MPA

Computers Come To Newton St.

Computers in Kindergarten! Newton Street School has a new program called "Write to Read," which enables us to have computers in our Kindergarten class. Along with the new program we were blessed with one of the best Kindergarten teachers in the system this year, Ms. Barbara Carter. Although she is new to Newton, Ms. Carter has 15 years of teaching experience in the Newark School System.

Newton Street School also welcomes its new members to the staff. This school year Newton Street School has made a few changes in staffing for the office, Kindergarten, 5th and 6th grades, special education class and gym. The new staff members are: Barbara Carter, Yolanda Hernandez, Sidney Travis, Richard Gallimore, William Edwards, Lilly Small, and Lydia Williams.

Our school has been extensively renovated, featuring new windows, expansion of the school library and a complete re-construction of the main office. The one million dollar renovation was provided by the Newark



Computers capture the rapt attention of Ms. Carter's new Kindergarteners.

Board of Education. All parents are welcome to stop in and visit our new place of learning and see our new look.



The newly refurbished office area extends a bright and cheerful welcome to visitors.

Security Corner

Officer Of The Month

Security Officer Jose Santiago is the individual most deserving the Officer of the Month award for September, 1987.

Security Officer Santiago, assigned to the NCC Extended Care Facility, located at 266 So. Orange Ave., has worked for NCC Security for nearly two years. He has earned respect from everyone as a dedicated, sensitive and loyal officer.

Sister Pauline Hogan, Administrative Assistant at the Extended Care Facility, said of S/O Santiago, "He is a team player, one who takes charge with great patience and willingness to thoroughly analyze a situation before taking action."

Born in Coamo, Puerto Rico, S/O Santiago, came to the city of Newark four years ago. Prior to joining New Community, he worked as a painter. Being proud of his heritage, he wanted to be the very best. In order to accomplish this objective as a security officer, he felt he had to learn

neatly attired S/O Santiago, "He is a mature and well adjusted individual — one who works faithfully and tirelessly to improve himself and his job performance. I find him to be very sensitive and caring about the needs and general welfare of the residents at the facility, a quality demanded of all our security personnel assigned there."

The Security Department is very proud and salutes Security Officer Jose Santiago on his accomplishments in being nominated Officer of the Month.

Newest Member Of NCC Color Guard Is Former New Jersey Boxing Champ

Security Officer Sanford Ricks, a six month veteran of the NCC Security Force, recently joined that department's elite color guard. S/O Ricks will march with the group for the first time in the Columbus Day Parade, on Sunday, October 11, 1987.

Prior to joining the NCC Security



Joshua Spruill shares wisdom gleaned from his 98 years with S/O Sanford Ricks.

and either get a job or go to school. When he told his wife Melvine, about his decision to quit and get a job, she laughed and laughed, stating that he wouldn't know how to hold a job after fighting for 10 years of his life. Determined to prove her wrong he applied for a job with New Community Security.

During his boxing career and training he was only able to hold on to odd jobs. New Community security was the first real job he says he ever had and he likes his job very much, particularly at the Extended Health Care Facility, where he has an opportunity to exchange pleasantries with the senior residents of the facility as he makes his rounds on security checks. One such resident he has befriended is a Mr. Joshua Spruill, age 98. Mr. Spruill he says, is a wise man and much can be learned by talking with and listening to the elderly. S/O Ricks stated further, that he and his wife still get a chuckle out of his having found someone who would hire him.

S/O Ricks ambition is to one day open up a boxing clinic at New Community for the youngsters. In explaining his motive, he states he hopes some day to find that youngster who is able to accomplish what he set out to do, that is to become the Champion of the World. It appears S/O Ricks,

has earned the right to laugh last, for it is rumored, that he is so far doing a yeoman's job in his newly adopted profession.

The Sentinels

The Sentinels, a non-profit benevolent association of New Community Security Officers, hosted an "end of the summer" picnic on Saturday, October 3, 1987, at the St. Rose of Lima Rectory picnic grounds, 11 Gray St., Newark.

The picnic, according to Sergeant William Cameron, association president, was given in honor of N.C.C. Security, as well as others, in appreciation for their support of the organizations' yearly fund raising efforts. As a result of this support, the organization has been able to make substantial donations to a scholarship fund established in its name at the St. Rose of Lima Elementary School. In addition to the scholarship fund, the Sentinels have been able to continue their commitment of providing VCR club membership to all six of N.C.C. senior resident buildings, the latest of which is N.C.C. Douglas Homes. The Sentinels are also committed to renewing expired memberships in the club for the residents.

Members of the New Community Security Youth Program were special invited guests.



Karen Barber, receptionist at the Extended Care Facility, congratulates S/O Santiago on his selection as Officer of the Month as Director Jim DuBose presents his plaque.

to speak and write the English language better in order to successfully survive in his professional environment.

Therefore, a short time after joining the NCC force he enrolled in the adult evening classes at the Roberto Clemente Grammar School in Newark. Having successfully persevered in his lessons in English, he is now able to hold his own.

The Director of Security, James DuBose said of the well groomed and

Department, S/O Ricks was a professional boxer. He won the New Jersey State Title in the Junior Welter Weight Division in 1982 by defeating Jose Nina of Paterson, New Jersey, to win the title from the former title holder. Before retiring from the ring his record was 27 wins and 4 losses, 16 by knock-out.

His last bout was on April 12, 1987, in Atlantic City, NJ, where he lost a 10 round decision. It was after that bout that he decided to quit boxing

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ENT (Ear, Nose, Throat)	INTERNAL MEDICINE	PEDIATRICS (Children)
	OPHTHALMOLOGY (Eyes)	

Transportation provided at minimal cost. Any Medical Insurance welcome. Please call for an appointment or information:

TELEPHONE: (201) 623-2480



St. Rose student Raymond Cabrera accepts the Sentinels' gift from Sgt. Holloway as S/O Sherrod and Principal Art Wilson stand by.

At Your (Social) Service

by the Staff of NCC Social Services Department

SENIOR CALENDAR

Oct. 1—Roseville Seniors Golden Age Club meeting at 545 Orange St. (Every 1st and 3rd Thursday at 11 a.m.)

Oct. 3—"YOM KIPPUR"

Oct. 8—Cancer Care speaker, Mrs. Runtola at 15 Hill Street. 11 a.m.

Oct. 9—Bus trip to K-Mart — Columbus Day Sales Circular. 9 a.m. 50¢.

Oct. 12—Holiday — Columbus Day!

Oct. 13—Senior Advisory Board at NC Commons. 1 p.m.

Oct. 16—Handicap Fun Day at NC Douglas. 11 a.m. — "World Food Day"

Oct. 17—Bus Trip to Union Flea Market. 50¢.

Oct. 23—Bus Trip to Essex Green Mall. 50¢.

Oct. 24—Bus Ride to Goshen, N.Y. for Brotherhood Winery Tour and Luncheon. \$35.00 each. — United Nations Day.

Oct. 25—Daylight Saving Time Ends. Turn Clocks Back at 2 a.m.

Oct. 26—Brown Bag Day

Oct. 30—Halloween Parade at NC Manor with Babyland II. 10 a.m.

Oct. 31—Happy and Safe Halloween.

SPECIAL EVENTS:

Curtis Watkins presents Fall Mini Concerts:

Oct. 7 —NC Douglas at 3 p.m.

Oct. 9 —NC Gardens at 2 p.m.

Oct. 14 —NC Manor at 3 p.m.

Oct. 21 —NC Associates at 12 p.m.

Oct. 23 —NC Roseville at 2 p.m.

Oct. 28 —NC Commons at 3 p.m.

Nutrition Site Birthday Party—Oct. 25 from 12 to 1 p.m. Free Foot Exams by Dr. Frank:

Oct. 3 —10 a.m. at NC Commons

1 p.m. at NC Gardens

Oct. 10 —1 p.m. at NC Associates

Oct. 17 —10 a.m. at NC Douglas

1 p.m. at NC Roseville

Oct. 24 —1 p.m. at NC Manor

Hot Lunch Served Daily at NC Associates Nutrition Site, 180 So. Orange Ave., Newark.

Canned foods will be collected in each building October 1st to 15th for distribution to needy on World Food Day, October 16th.

Quote For The Month:

"Most of us spend a lot of time dreaming of the future, never realizing a little arrives each day."

A Night On The Town

The "180 Choral Club" of NC Associates at 180 So. Orange Avenue, Newark has really worked hard all year to provide inspirational evenings of musical entertainment. This club is always doing something for the others in their building and rarely takes any time out for themselves.

Mrs. Phyllis Burton, president of the group, felt the club should get out and do something special. Thursday, September 3rd, was chosen as their date, and ten members of the Chorus were eager to have a night on the town with door to door service. Unfortunately, Mrs. Burton was unable to come with us.

Our evening started with a 6:30 show at Montclair's Whole Theatre, Bloomfield Ave., Bloomfield. It was quite captivating. "Shay's Magic Circus," which was sponsored by the Big Brothers and Sisters of Essex County, was full of mystical mind teasers. Everyone's favorite acts were the performing canines and "Terry the Chimpanzee," who rode bikes and motorcycles and played a "ham" from time to time.

We had 8 p.m. reservations for dinner at the famous "Pal's Cabin," in West Orange, where we were greeted and shown to our table. Mrs. Ellen Watson and Mr. Tony Brown were still laughing about "Terry" and each expressed how much they had liked the show. Upon leaving the theatre each received bags of popcorn.

The waitress arrived, orders were placed and a musician was playing striking tunes on a Baby Grand piano located near our table.

Everyone ate till it was impossible to lift the cutlery one more time. Needless to say, quite a few "doggy bags" found their way home. When the dessert menu arrived we were all tempted, but had to pass on the fine homemade delicacies. Truly the evening had been perfect.

The ride home was shadowed with pleasant reminiscences of the event-filled evening.

Each arrived home full, sleepy, and glad to have had such a lovely "night on the town."

Social Services Staff Enjoys Picnic

"We see each other day after day, exchange ideas, information, resources and problems. We communicate with one another but we don't 'talk to each other.'"

This is how the Social Services Department saw themselves. The staff is rather extensive. There are four social workers for the seniors, two workers for the family area, two youth department coordinators, one Home Friend coordinator, a resource planner, two workers for the Douglass Harrison Complex, approximately 20 Home Friends and nearly 30 Home Health Aides plus a Jesuit volunteer and a secretary — all of whom have never gotten together for anything other than meetings.

The department of Social Services is there to provide quality care, representation and make available

programs which affect the well being of each resident. Since "Social" is also part of the term, activities such as outings, holiday parties and luncheons are also provided by the Social Services staff.

Now, it was our turn. The Social Services staff got together on Saturday, September 26th for a picnic in the lovely park setting of St. Rose of Lima Church. The day was fun. Everyone mingled, ate, played games and had a great time. It was common to hear such comments as "I know I've seen you before, coming when I was going."

The day ended with several new found friends and appetites well satisfied.

Let's applaud the Social Services Staff as they get back to the business of "caring and sharing."

Twelfth Annual Seniors Cultural Craft Fair

The sky was brilliantly aglow with the late summer sun. Seniors were streaming in toting their skillfully crafted wares; vendors were heating up the grill and many exhibitors were lining up fact sheets and souvenirs.

This symbolized the opening of the 12th Annual Seniors Cultural Craft Fair, hosted by the Essex County Division of Parks and Recreation, and held each year at the South Mountain Arena. The entire arena, inside and out, is transformed into a market place for the occasion, where one might find anything from an unusual figurine crafted from small seashells, to exquisitely crocheted shawls and bedspreads. All items were made by seniors throughout the county. If you were into antiques or odds and ends, there were a number of flea market tables many of which had rare and unusual items for very reasonable amounts.

Under the tent, which was on the rear lawn, there was a job fair, designed to give any senior who attended the opportunity to fill out job applications for such things as office help, consultants, fast food restaurant workers, etc.

The arena was lined with various resource agencies in Essex County who had helpful information and flyers for anyone seeking answers to almost any questions: transportation; security; podiatry; mental health; hypertension, etc.

Every year the Essex County Division of Parks and Recreation does an excellent job in bringing together

seniors from various parts of Essex County. It is to be noted that for the past 12 years, the day of the Crafts fair has always been radiant with perfect weather and incident free.

Several New Community seniors were in attendance. The majority of the seniors like to come because they are reunited with old acquaintances and make this their annual "family" reunion. Mrs. Bertha Dardes, of N.C. Commons, 140 So. Orange Avenue, was so elated when she saw her best friend whom she had not seen in "32 years," tears of joy came to both ladies' eyes and they reminisced about their "hay days." By the way Mrs. Darden is 88 years old and says she enjoys getting out and has been coming to the fair for the past several years. Ms. Lavern Parrish, director of programming for the NCC Medical Day Care Center, had a group of participants in attendance from the Day Care program.

Besides being able to buy the various crafts and food items, the E.C.D.P. & R. had live entertainment ranging from jazz singer, Chink Wing to a local senior dance group. There were also senior aerobics with dance instructions which many look forward to and have a good time trying.

As the yellow and white umbrellas over the crafts began to close, they resembled a setting sun capping off a fun-filled day.

Thank you Essex County Division of Parks and Recreation for providing another year of bringing all our seniors together in harmony.



Handmade vases, pillows, and other art objects attract shoppers to NC Manor Sr.'s table manned by Joyce Cook.

SOCIAL SERVICES YOUTH DEPARTMENT

New Community Gospel Choir
Meets October 8, 1987 at 180 South Orange Avenue, Newark, New Jersey under the Directorship of Dr. Eric Womack and Mother Lawrence. All are welcome to join.

"PREVENTION OF CHILD ABUSE" Guest Speaker - Detective Toni Morgon

WHERE: 220 Bruce Street, Newark, New Jersey

WHEN: October 21, 1987

TIME: 6:00-9:00 p.m.

HALLOWEEN FASHION-TALENT SHOW, sponsored by the Youth Department

The Hottest Event of the Year!!!

WHERE: 180 South Orange Avenue

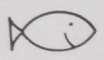
WHEN: October 30, 1987

TIME: 6:00 p.m.-9:00 p.m.

Refreshments will be served. "Surprise Guest Soloist."

\$1.00 Admission Fee.

For any questions, see Robbyn Chambers in Social Services or call 623-6114.



Fish, Fish, Fish



Every year a couple of residents from N.C. Associates go to Camp Tecumseh and bring back an enormous amount of fish which they catch. The two "fisherwomen" are Mrs. Ellen Watson and Mrs. Luredean Mitchell.

This year was no different. Nearly 200 fish were being held in the freezer of the Associates Concession.

It is a pleasure for these ladies to catch the fish and since they cannot eat them all they give an Annual Fish Fry. The fish fry usually consists of a fish sandwich and a side dish,

which is provided "free of charge" to the tenants at NC Associates. This year's fish fry was held on Labor Day, Monday, September 7th, and it was a huge success. None of the fish went to waste.

Mrs. Watson and Mrs. Mitchell should be applauded for their unselfishness. It is not often you will find someone who will catch it, clean it, cook it, and **not** sell it but **give it all away**.

Thank you ladies, may your generosity be contagious.



Luredean Mitchell uses her secret method to coax the first of 200 fish to her line.

Hunterdon Democrat photo by Walt Lankenau

Home-Friends Celebrate 3rd Anniversary

New Community Home-Friends I and II are sponsored by the Essex County Division on Aging. Our program is supervised by their office located at 15 South Munn Avenue, East Orange. This program, now celebrating its third anniversary, is designed to prevent or reduce institutionalization of the aging or disabled person who is limited in performing everyday chore activities. These everyday chores (which Home-Friends assist with) consist of housekeeping, meal preparation, escort services (when time permits) and local errands.

Home-Friends I and II serve the North, Central, East and a portion of the West Ward. Home-Friends are serving 331 patients per month, but the need for their services far exceeds what our funding provides, as demonstrated by the fact that there are 76 clients on the waiting list. Our program has two Coordinators, three

Supervisors and 56 Home-Friends.

Since this program began on October 1, 1984, many of our clients have spent less time in or out hospital care, and we have fewer clients having to be placed in Nursing Homes. It saves money all around.

Home-Friends is proud to say that many lonely adults are very happy to see the Home-Friend who comes two or three times a week to do their chores, laundry and shopping. This program encourages the clients to go with the Home-Friend who helps them to get out of their apartments or houses whenever the weather permits, either to go shopping or maybe just for a walk.

Aside from the marvelous sense of freedom retained by the client, effectiveness of the program is also apparent. Fine programs like these are a necessary part of today's life.

Gloria Chambers Elsie Best
Home Friends I Home Friends II

Salute To A Senior

Carl Martin is a good citizen and a gentlemen. He resides at NC Commons, 140 South Orange Avenue where he is greatly revered.

Recently Mr. Martin received recognition as the oldest member of Bethany Lodge, F & A M. He worked thirty-four years as a janitor for DuPont Chemicals and earned a diploma from Central Evening High School. Mr. Martin is a deacon and former usher at Newark's Zion Hill Baptist Church.

Carl was quoted as saying that he does not seek recognition for himself but he hopes that at least one young reader will be inspired by his dedicated life.

Sister Veronica



Mayor Sharpe James (R) stands proudly beside the exemplary Carl Martin.

Stars And Stripes Forever

Excitement filled the air as Curtis Watkins pounded out patriotic tunes on the piano at NC Associates on September 17th. It was a day planned to celebrate the 200th anniversary of the signing of the Constitution of the United States and the birthdays

of all senior citizens who were born in September. fice, were the first to appear, followed by Sister Anastasia, Director of Social Services. Joyce Cook, social worker at NC Manor Senior, brought three women from her building to enjoy the delicious lunch. Sister Kathleen Coll, social worker for NC



The signing of the Constitution added a new dimension for the monthly birthday celebrants. Congratulations, America!!

of all senior citizens who were born in September.

The seniors clapped and swayed to the Gospel songs of Reverend Crawford, Brother Parker and Cleo Owens, known as the "Revelators." Their message to praise God, respect one another and be good to children was clear to all.

Guests from various parts of New Community stopped in to show their support and to join in the fun. Sister Dolores and Sister Catherine, who work out of the St. Rose of Lima of-

Roseville and NC Douglas Homes and Gloria Chambers, who works with homemakers, each walked away with a prize when they shared why they were proud to be Americans.

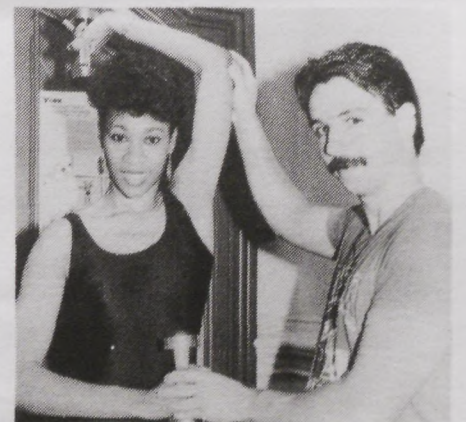
Eva Obermeyer, photographer for N.C.C. snapped pictures of the birthday celebrants, including Isabelle Kelly, who celebrated her 90th birthday. Sister Anastasia and Sister Veronica offered their congratulations. It was good to come together to celebrate two such outstanding events.

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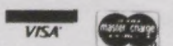
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New St. Rose Handbook Distributed

Administration, faculty, parents, and students of St. Rose School have agreed that their new handbook will have a very positive effect on the overall education of students.

The Calendar/Handbook includes: a listing of all the important events which will take place during the school year 1987-88; parent and student responsibilities; guidelines for student infractions; information on report cards, testing, homework, dress code, field trips; and policies determined by St. Rose School Board.

Also contained in the Handbook are the philosophy and objectives of St. Rose School

...Within an atmosphere in which Christianity is regarded as a way of life, each child develops his/her unique spiritual, intellectual, social and physical potential in order to become a mature citizen of the world.

The St. Rose School Community is moving into the centennial year with enthusiasm and pride.

Twenty-Second Anniversary Marked

The Roseville Senior Citizen's Club celebrated their 22nd Anniversary with a party at NC Manor Senior on September 24th. A great time was had by all. Music for their listening and dancing pleasure was provided by the Musicians Guild of Essex County. The party ended a summer filled with many bus excursions to enjoyable places.

The seniors meet the first and third Thursdays of the month at NC Manor Senior, where they enjoy snacks, cof-

fee and buns, and play cards and bingo.

A delicious luncheon was served as part of their 22nd Anniversary. Lou De Groat their director distributed flowers to all present. The party ended with a raffle. Winners took home some nice prizes, donated by Lou De Groat and Joseph Frarese. A wonderful time was had by all. Congratulations Seniors on your 22nd Anniversary.



Birthdays are still a very special time for all.

WOR Children's Christmas Fund



Happiness is trucks and balls and games and dolls...

In July Babyland Nursery received toys and clothing from the Channel 9/WOR Children's Christmas Fund. The toys we received were appropriate for each child's developmental age.

The toys received for the three and four year olds were: blocks, coloring

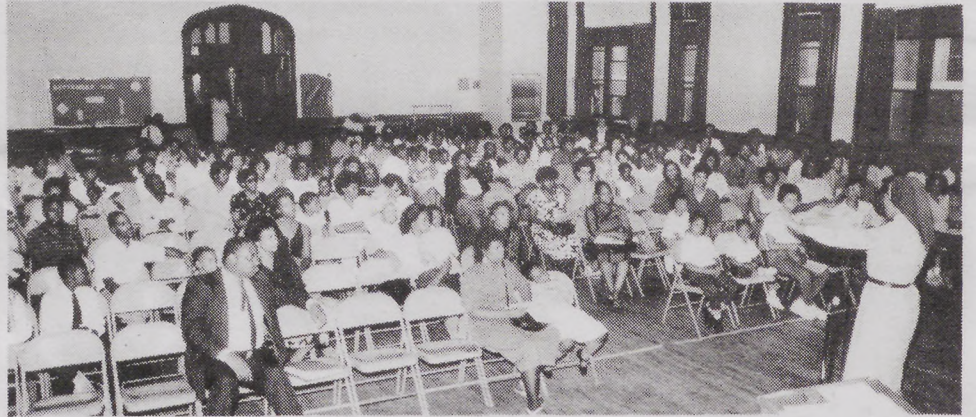
books, cars, airplane, mini-tricycle, and an assortment of games. Toys for the infants 9½ months to 18 months old were two riding fire trucks. Each child also received a shirt and shorts set.

Christmas in July distributed toys and clothing to over three hundred

Sister Mary Roger Speaks To St. Rose Faculty And Parents

Sister Mary Roger Thibodeaux, former Principal in the Chicago, Illinois Archdiocese is a nationally known educational lecturer who recently shared her wisdom with the St. Rose of Lima School Community during an afternoon and evening session at the school. Sister Mary

3. Prepare better lesson plans.
4. Design the classroom as a learning experience.
5. Utilize common materials in uncommon ways.
6. Teach individuals on their individual levels.
7. Vary teaching methods.



Sister Mary Roger mesmerizes her large audience.

Roger made a presentation to the principal and teachers after class; that evening she gave a dynamic presentation to a gathering of almost two hundred St. Rose of Lima parents.

At the afternoon presentation, Sister Mary Roger gave the teachers some helpful suggestions for productive teaching. According to Sister, preparedness, love, and patience are the cornerstones of teaching. Her methods for effective teaching include the following: 1) dynamic communication of information 2) immediate feedback to test teacher efficacy 3) effective use of Audio/Visual aids 4) physical movement of teacher in the classroom, and 5) special assignments

8. Utilize homework for review not for punishment.
9. Learn to develop personal resources.

"She was great," "She was dynamic," "She was excellent," were Sister Mary Roger's reviews from parents who heard her. Most parents want her to return again and St. Rose is looking into that possibility. Some of the ideas discussed by Sister Mary Roger which particularly impressed the parents were her concern that today's children are growing up much too fast. She suggests that the children's games, dress, and lack of respect for adults demand attention and a new direction. She stressed the need for parents to spend more time



After Sr. Mary Roger's presentation, parents visit their children's classrooms to meet with teachers.

for brighter students.

Sister Mary Roger suggested that the child must feel that the teacher really cares and wants the student to learn. She recommended that teachers transmit loving affection which will enhance the self-concept and self-worth of the students.

Sister Mary Roger's blueprint for outstanding teachers:

1. Help each student to set goals.
2. Be creative.

agencies, and Babyland Nursery had the pleasure of being selected as one of them.

Thank you WOR Children's Christmas Fund, Mr. Boatwright (for

with their children in order to help them to be the very best that they can be. Parents should recognize that the teacher is the parent away from home who is striving for joint parent-teacher goals.

Sister reminded her audience that children were gifts from God and they were a part of God's blessing upon them. Both of Sister Mary Roger's presentations were received with enthusiasm. The parents gave her a standing ovation.

picking up the toys), Mr. Taylor and Mr. Willie for caring about our children.

Theresa Walker
Social Worker
Babyland II